



Look Sharp Fitness
Clayton, Bradford
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Group or Couch to 5K Terms and Conditions

These terms and conditions apply to your purchase of all my group classes or Couch to 5K plan.

Terms and Conditions

- These terms and conditions form part of your agreement with Look Sharp Fitness.
- Your agreement is made up of your completed and signed Personal Training membership agreement form, and these terms and conditions. These documents together form a legal agreement between us, so please make sure that you read them carefully and understand them. If you have any questions, please ask.

Purchasing Sessions and Bookings

- Session purchases can be made over the phone, in person or through email with me.

Payments

- All payments must be made in full, either in person, via Bank transfer or PayPal.
- All payments must be made in full prior to any sessions being undertaken.
- If you purchase sessions in person, you will receive a copy of this agreement, along with a receipt for any payment of sessions you make. If you purchase online, you should retain a copy of this agreement, the terms and conditions and receipt for any payment of session purchases you make.

Session Cancellations

- I will give you 24 hours notice of any sessions being cancelled. If I fail to give you 24 hours' prior notice of any cancellation, you will be entitled to 1 extra class or session, in addition to the session you missed.
- Group Fitness Classes require a minimum of 48 hours' prior notice of any cancellation. This can be made directly via phone call or text message. If you do not provide a minimum of 48 hours' prior notice, you will lose that session and no refund will be made to you.
- Couch to 5K is run as a package plan and runs consecutively for 8 weeks. Failure to attend any session will result in the loss of that session. No alternatives or dates can be made.

Lateness

- If I'm more than 10 minutes late for your session you will be entitled to a complimentary session, along with any remaining time you still have for that session.
- If you are late for your session, your session will be reduced in accordance with that time. If you are more than 25 minutes late, you will not be able to attend the session and no refund will be made.

Personal Trainer

- If for any reason you're unhappy with me, please let me know and we can aim to resolve this straight away.
- I cannot prescribe treatment or diagnose medical conditions. I may at any time ask to consult with your GP should any medical condition arise.

Refunds

- If for any medical reason you are no longer able to complete any sessions, you will be given a refund on any outstanding sessions. I may ask for you to provide proof from your GP.
- Any other refunds are at the discretion of me.